

Regulation VII Urbión Challenge

one.

ORGANIZATION AND TESTING

1.1. The VII Urbión Challenge, a 36 km and 2500+ mountain race, the route of which runs mostly through the Laguna Negra Natural Park and the Urbión Glacier Circus, will take place with departure and arrival at the Plaza Mayor de Covaleda, (Soria), and will be governed under these regulations.

1.2. Celebration date: September 6, 2020.

1.3. Departure time: 08:30 am.

1.4. This test will be qualifying for UTMB, awarding 2 ITRA points.

Any person of legal age may participate in the VII Urbión Challenge.

To participate it is NOT mandatory to be federated.

two.

REGISTRATIONS

- Maximum number of registered: 350.

- Registrations will be made through a digital platform through the event website www.desafiourbion.com

- Registrations will be accounted for in strict order of registration through the available platform, enabling a waiting list once registrations have been completed.

- Each registered runner will be given a nominative and non-transferable race number that must be visible during the race, placing it on the chest, without objects that may hinder its easy distinction.

- The withdrawal of the same will be carried out presenting an official accrediting document (DNI, Passport, Driving License and federative card if the registration requires it) in the consignment the afternoon before the test or the same day of its celebration before its Start.

- Each runner will have a chip associated with his bib number, which is therefore non-transferable. The chip will inform the arrival of each runner, and once the passage through all the controls has been verified, the classification of the race will be established.

- PREFERRED DORSAL 2020:

They will have preferential number, prior to the opening of registrations those who prove the following:

- 15 FIRST RUNNERS OF VI EDITION, WILL HAVE RESERVED RIBS FOR THE 2020 EDITION.

- THE RUNNERS THAT HAVE PARTICIPATED IN AT LEAST 4 EDITIONS.

- RUNNERS WHO ACCREDIT HAVE 730 ITRA POINTS, AT THE DATE OF REGISTRATION OPENING.

To do this, they will have to identify themselves and prove this condition from March 13 to April 5, 2020, by sending an email to: retoiourbion@gmail.com with name, surname and years in which they have participated or accreditation of having ITRA points.

Registration fees:

The registration fee for the different modalities is as follows:

VII URBIÓN CHALLENGE 2020: € 38

Registration as a runner in the VI Urbión Challenge 2019 entitles you to the following services:

1. Participate in the test for which you have registered.
2. Individual Accident Insurance for the day of the race.
3. Health care on the route.
4. Runner bag and gift finisher.
5. Provisioning points in the race and Goal.

6. Cloakroom.
7. Showers on arrival.
8. Opening party Saturday 5.
9. Post-goal food. (complete provisioning)
10. Final snack Sunday 6 19:30.

Return of registration.

ALL REGISTRATIONS to this VII URBIÓN CHALLENGE include cancellation insurance valid until July 31, 2020, with 80% being reimbursed in the event of cancellation and the remaining 20% remaining as processing costs.

NO changes to the registration holder will be made, regardless of the cause.

CANCELLATION OF THE EVIDENCE FOR THE COVID-19

In the event that the health authorities prohibit the performance of sports tests in the month of September as a consequence of the Covid-19 or any other circumstance, the 100% of the registration fee will be returned and the test will be suspended until next year.

The accommodation of the runners runs by them. The information regarding the offers agreed by the organization with the different accommodations in the area is specified in the accommodation section of the website: www.desafiourbion.com.

3.

MANDATORY MATERIAL

3.1. It will be COMPULSORY Technical footwear, a supply cup, a camelbag or a liquid container, a windbreaker, a mobile phone, a bandana or buff, a whistle and a thermal blanket.

- With the material that the test begins, it is mandatory to finish, and external help is prohibited except in the provisioning area.

3.2. It is RECOMMENDED to wear a waterproof jacket, cap, thermal clothing, gloves, gps and a hydration pack.

3.3. The organization reserves the right to modify the obligatory nature of the material, with prior notice, depending on the weather forecasts that occur on the day of the test.

In case of carrying poles, it will be from start to finish of the race, being prohibited to acquire or leave them throughout the route. For safety, the first meters of the race must be collected. They can be used from the 0.5 km of the race (beginning of the first ramps).

Four.

AWARDS

4.1. The organization will present prizes:

- Top five of the General (male and female).
- First three in category Veterans A (Master 40, Master 45), both male and female.
- First three in category Veterans B (Master 50 to Master 65), both male and female.
- Prizes and trophies with a special category and which will be duly detailed on this website.

4.2. Cash prizes: € 500 for 1st, € 200 for 2nd and € 100 for 3rd classified in the general classification (male and female).

4.3. Cash prizes: € 100 for him and the one who manages to beat the test record (male and female).

MANUEL MERILLAS MOLEDO (2018): 03:41:06

OIHANA KORTAZAR ARANZETA (2019): 04:27:49

4.4. The winners must be present at the formal act of awarding the trophies. Otherwise, they will be assigned to the following classifieds present in said act.

4.5. There will be a team award counting the three best times of each team. To apply for said award, it must be perfectly specified at the time of registration and have a minimum of three components.

5.

CATEGORIES

The categories of the test will comply with the RFEA Trail-Running regulations, being constituted in:

5.1. Categories:

Senior Male and Female Category: from 18 years to 34 years

Master 35: from 35 to 39 years old.

Master 40: from 40 to 44.

Master 45: from 45 to 49.

Master 50: from 50 to 54.

Master 55: 55 to 59.

Master 60: from 60 to 64.

Master 65: from 65 to 69.

Team: a minimum of three people can register and the times of the best three will be added.

6.

SCHEDULE

6.1. Departure at 8:30 am from the Plaza Mayor de Covaleda.

6.2. Cut-off time and time limit: Any participant of the test that exceeds the established cut-off or cut-off time will be disqualified from the test at the following points:

- Black Lagoon (Km 12): Race cut at 2:50 hours from the start of the test. (11:20 a.m.).
- Paules Altas (Km 22): Cut at 5 hours from the start of it. (13:30 p.m.).

- Jaramillo (Km 28): Cut at 6:30 am from the start of it. (15:00 p.m.).
- Goal (Km 36): Closing of the race at 17:00 p.m.

7.

SUPPLIES

7.1. The organization will make the following provisioning facilities available to runners:

- Liquids in the areas of Muchachón (km. 6), Urbión (km. 18) and Jaramillo (km. 28). They can be made solid if the organization considers it appropriate.
- Solid-Liquids in Laguna Helada (km. 11) and Paules Altas (km. 22).

All external help is prohibited, except at the supply points (200) marked by the organization.

7.2. At the finish line there will be a final solid-liquid supply.

7.3. In order to keep the environment clean, in the refreshment points in the race there will be NO containers to receive liquids, these must be carried by the runners.

8.

TRAVEL

8.1. The route will be marked with high-luminosity fabric flags with reflective elements and beacon tapes, making it mandatory to follow the marked route. In addition, maps and download links of the routes are available on the web www.desafiourbion.com. On the other hand, during the technical meeting of the race a brief description of the route will be made.

8.2. There are areas of the route in which special attention should be paid. In these posters with useful information for runners will be placed.

8.3. There will be kilometric references throughout the route to facilitate the runner's self-control during the race.

8.4. Throughout the route control points will be established through which the runners must pass. In case of not going through any of these control points, the runner will be disqualified.

8.5. It is totally forbidden to run without an official bib for the course during the course of the test, such action being punishable.

9.

LEAVING

In case of abandonment due to injury or for any other reason, you must notify the volunteers and the organization as soon as possible. Preferably using the refreshment points to be evacuated.

10.

ENVIRONMENTAL CRITERIA

The organization has as maximum the protection of the environment in which the race takes place, therefore:

1. All the aid stations will have garbage cans to dispose of the waste that may be generated.

2. All the elements used to mark the route will be removed by the organization once the competition is over.

3. There will be several vehicles with a permit to circulate in a protected area, to cover the needs of aid stations, healthcare and organization of the test.

eleven.

DISQUALIFICATIONS

11.1. Anyone who does not comply with these regulations will be disqualified, especially those who fail to comply with any of the following premises:

- a) Do not complete the entire route, cut or cut.
- b) Use mechanical means in any part of the race.
- c) Receive external help.
- d) Do not go through any of the control points.
- e) Deteriorate or dirty the environment.
- f) Do not wear your bib clearly visible or make bib or chip changes with another person.
- g) Do not help another runner in case of need.
- h) Disregard the indications of the organization.
- i) Whoever does not carry the required material required on the day of the test.

12.

MODIFICATIONS

12.1. The organization reserves the right to make the modifications it deems necessary based on the different conditions or indications by the relevant administration, or other circumstances that require it, as well as the suspension of the test if the weather conditions oblige it or by overwhelming force.

13.

CLAIMS

13.1. You must go to the organization that will try to solve any incident that has occurred. In case it cannot be solved, a formal claim must be submitted.

13.2. Claims regarding the classification may be submitted up to 30 minutes before the delivery of trophies.

13.3. Any formal claim must be submitted in writing to the organization's committee, reflecting: Name and Surname, ID, and bib number, and the allegation presented.

13.4. The Race Committee is made up of the Race Director and the two designated managers.

13.5. All formal claims submitted will be duly studied and answered by the Career Committee.

14.

RESPONSIBILITY

14.1. All participants accept at the time of registering the conditions established in these regulations.

14.2. The organization declines all responsibility in case of accident or negligence. Similarly, it is not responsible for the loss, breakage or theft of the objects of each participant.

14.3. Participants exonerate the organization from all responsibility in case of accident or injury.

14.4. In everything not contemplated in this regulation, the test will be based on the decisions of the Race Committee and the RFEA TRAIL RUNNING regulation.