



REGULATION 2026

Art. 1 | Registration

- All people of any nationality who have reached the age of 18 at the time of registration are admitted to the Trail dei Parchi 2026.
- Italian participants registered in an A.S.D. affiliated to the FCI or to the other bodies of the CONI consultancy (ACSI, CSI, CSAIN, UISP, AICS, ASI, CSEN, LIBERTAS, OPES, US ACLI), must show the card, even during the registration phase. Participants who do not have a membership card must register by selecting the "Not members" box.
- Registrations are accessible from the event website www.traildeiparchimtb.it
- The medical certificate for cycling activity (competitive type for cycling or certificate of suitability for the practice of sporting activity of particular and high cardiovascular commitment) must be uploaded on the registration form by all participants regardless of whether they have an affiliation card.
The medical certificate can be sent at a later stage after registration but no later than May 12, 2026
- The event will take place in any weather condition. In case of suspension due to warnings, warnings/weather or emergencies by bodies not dependent on the organization, the registration fees cannot be refunded
- Physical unfitness and suspended medical certificate do not constitute grounds for reimbursement of the registration fee
- If a member is unable to participate in the Trail dei Parchi, the registration fee paid:
 - will be reimbursed with a deduction of €10 (entirely donated to Parent Project aps) if you communicate the impossibility by 01/05/26;
 - It will NOT be refunded if you communicate the impossibility after 12/05/26.

Article 2 | Departure and Route

-The departure of the Trail dei Parchi will be at 8.00 am on 23/05/2026 from Barisciano(AQ).

There will be three routes:

Long - 235km e 4.800m

Medium - 170km e 3.400m

Short - 140km e 2.800m

-About a week before departure, an email will be sent containing the definitive GPX routes which may undergo variations +/- 5% compared to the km and altitude difference declared in the provisional tracks. The participant will have to load the tracks provided onto a GPS device and then choose which one to follow from start to finish.

-Participants are required to use a tracking system to update their position along the route taken. This can be done via a SPOT device provided by the organization or owned by the participant

Article 3 | Characteristics of the event and warnings

-The Trail of the Parks is an adventure on asphalt roads, dirt roads and paths; all routes will always be open to traffic and therefore it is mandatory for all participants to respect the Highway Code.

-The participant acknowledges that he is aware that the routes are not signposted, travels at his own risk and is considered to be on a free personal excursion without any additional rights compared to other users of the paths and roads.

-The participant is aware that there is no health, food or mechanical assistance service provided by the organizers along the routes; There is no recovery service for those who have withdrawn and there are no obligations on the part of the organizers to search for participants along the routes.

-The participant undertakes to communicate their withdrawal to the organizer by sending an SMS/Whatsapp to the telephone number 338.1851408 (Roberto).

-The participant is aware that the A.S.D. organizer Project for Life is not a professional organizing body, but it acts only for recreational and non-economic purposes (1174 Civil Code); and therefore participation in the Trail dei Parchi cycling excursion always takes place by free choice and for recreational purposes, in any case not for financial purposes.

-It therefore follows that the A.S.D. aforementioned organizer is free, and in any case indemnified, from any liability connected to the Trail dei Parchi cycling excursion. It is also indemnified from any liability regarding events that may occur to the cyclist such as: accidents, loss of route, physical problems, accidents, thefts, etc. It therefore follows that the Trail dei Parchi cycling excursion is to be

understood as a mere meeting and spontaneous and independent participation of cycle tourists and cycle amateurs on a free and personal excursion.

-The participant undertakes to respect and keep clean the places crossed: meadows, woods, paths and agricultural properties, undertakes not to throw waste along the routes and to place it in the appropriate collection containers.

-It is also mandatory to bring a breakdown repair and puncture kit with you.

-Participants are required to have good physical preparation, resistance to prolonged efforts, good knowledge of the use of GPS and orientation and above all a spirit of commitment.

-Any type of external support is prohibited (except in cases of emergency); the route must be followed entirely and without cuts; should you move away from it you will have to pick it up from where you left it.

Article 4 | Check

-There may be control points to verify that the participant has not made any cuts.

-At the end of the adventure the participants will have to send the track made in GPX format to the email info@traildeiparchimtb.it

-The organization reserves the right to exclude cyclists from the event who behave incorrectly before, during and after the event.

Article 5 | Mandatory kit

-For their own personal safety, in the event of an emergency or loss of the route, each participant is obliged to carry with them, for the entire duration of their adventure, the following minimum safety equipment:

- reflective vest for night riding
- whistle or bell
- mobile phone
- approved helmet to be worn at all times
- white front and red rear lights

Article 6 | By asking to participate in the Parks Trail, each participant:

- declares to have read and approved this regulation and to accept every part of it;
- declares to have understood that the event is a non-competitive test of resistance and considerable physical, psychophysical commitment and without rankings;
- declares to be aware that some sections may be bumpy and require good riding technique, where necessary the participant will overcome the difficult section at his own discretion by getting off the bicycle and proceeding on foot;

- declares to have experience in GPS navigation on off-road and/or otherwise untracked routes;
- declares to have experience and to be aware that the route is not marked, it is not monitored and there are no safety posts and/or rescue personnel along the route;
- declares to have experience and to be aware of the possibility of encountering adverse weather conditions and to be able to orient oneself and cycle on hills in such conditions;
- declares to be physically prepared to face many hours riding a bike non-stop and in complete self-sufficiency;
- declares not to use doping or drugs or medicinal substances that could alter performance or cause situations of harm or danger to oneself or others;
- declares to be aware that unforeseen events may occur along the route such as landslides, sun, wind, rain, hail, lightning, cold, night, darkness, fog, snow, ice, landslides, encounters with unattended and/or wild animals, falls, accidental collisions with other participants or with passing people and/or with vehicles on stretches of road and declares to be adequately prepared to deal with emergency situations;
- guarantees his/her behavior during and after the event;
- declares to be in possession of the medical certificate of aptitude for cycling and compliant with the Ministerial Decree 02/18/1982 and/or the Ministerial Decree 04/26/2013 issued by a Sports Medical Center or by a doctor;
- declares to be in good physical condition, providing the organization with the widest possible indemnity for any damage he may suffer as a result of his participation in the event;
- expresses consent to the use of your data, including for commercial purposes, in accordance with the provisions of Privacy Law no. 196 of 06/30/2003;

Art.7 | Processing of personal data and use of participants' image

-Participation in the Event involves the processing of participants' personal data for the purposes and in the manner described in the Organizer's Privacy Policy. The data controller is the Organizer.

-By registering for the Event, the participant confirms that they have carefully read the Organizer's Privacy Policy.

-The methods of carrying out the Event include the creation of video-photographic recordings for the purpose of documenting the event. The video-photographic footage will interest all participants indifferently and may be published and made available on the platform on the website and on the social pages of the Trail dei Parchi.

-The participant acknowledges and accepts that, in consideration of the public nature of the Event, the object of the dissemination and marketing services of the video-photographic footage of the Event as well as the impossibility of selectively limiting the video-photographic footage, to register and participate in the Event you must authorize the filming and use of your image in the manner and for the purposes indicated in these Regulations, as well as in the Release and Privacy Policy.

Article 8 | Release for photographic and video shooting of the event and use of the image of the participants

-Having read and approved the Participation Regulations and the Privacy Policy, recognizing that my registration and/or participation in the Event constitutes a free and autonomous choice, by registering and/or participating in the Event in any capacity, I authorize expressly the Organizer, directly or through its service partners, to video and photographic recordings of my image in the context of the Event and the consequent use of the recordings for purposes related to the documentation of the Event by any means and through any channel or support , digital or paper.

-The authorization is considered granted, pursuant to the articles. 10 of the civil code and 96 and 97 of Law no. 633/1941 (Copyright Law), free of charge, for the whole world and without time limits, always without prejudice to the limit of the protection of the decorum and dignity of my person, and with the right for the Organizer to authorize the sponsoring companies and the technical and service partners of the Event to use the aforementioned footage for the same purposes covered by this authorization.

-The methods of carrying out the Event include the creation of video-photographic recordings for the purpose of documenting the event; among the services connected to registration for the Event, the Organizer also offers all participants the possibility of purchasing photos and videos of the Event in which their image is present.

-The participant acknowledges and accepts that, in consideration of the public nature of the Event, the object of the dissemination and marketing services of the video-photographic footage of the Event as well as the impossibility of selectively limiting the video-photographic footage, to register and participate in the Event you must authorize the filming and use of your image in the manner and for the purposes indicated in these Regulations, as well as in the Release and Privacy Policy.