

Exotic Pole Dance Contest born on November 2016 for Exotic Pole Dance Community

In 2019 the organization decided to divide the competition into 3 main categories

STYLE CATEGORIES



You may realize an entertaining show through the dance on the pole, with or without the presence of props on stage. It is allowed to use choreographic objects and scenography on stage. It is allowed to take clothes off.



You may realize a choreography with no usage of the pole higher than one meter. Every transition and trick in floor work and on the pole must utilize the lower space of the stage. It isn't allowed choreographic objects and/or props on stage. It is allowed to take clothes off.



You may realize a choreography of exotic pole dance Russian Style, Australian Style and/or Stripper Style, it is allowed twerking and others. "Unlimited" means with no limits, use all your fantasy and your knowledges to bring your idea of Exotic Pole Dance. You may utilize all the space levels both in width (use of the stage) and in height (use of the pole), it shall be granted complete freedom in execution of both floor work and pole tricks. It isn't allowed choreographic objects and/or props on stage. It is allowed to take clothes off.

For each category the performers can chose to participate based on their own level of technical ability both in **single and in double/group**.

AMATEURS

Pole dancers that DO NOT perform in public events with commercial purpose, that DO NOT work as performer or stripper inside clubs receiving a salary, that DO NOT teach exotic dance or exotic pole dance inside schools/studios or other structures and that practice pole dance only for pure passion.

SEMPRO

Pole dancers that teach or perform, but are approaching for the first time to an Exotic pole dance competition.

EXPERT

Pole dancers that perform in public events with commercial purpose, that work as performer or stripper inside clubs receiving a salary, that teach exotic dance or exotic pole dance inside schools/studios or other structures.

TRACK LENGHT

AMATEURS	Single	Min. 2'00" Max. 3'30"	Double/Group	Min. 3'00" Max. 4'00"
SEMPRO	Single	Min. 2'00" Max. 3'30"	Double/Group	Min. 3'00" Max. 4'00"
EXPERT	Single	Min. 2'30" Max. 4'00"	Double/Group	Min. 3'30" Max. 4'30"

APPLICATION

DEADLINE: Application MUST be sent until 30 September 2020.

APPLICATION LINK: <http://www.exoticpoledancecontest.com/application/>

NO VIDEO ENTRY REQUIRED

Only 15 performer can apply in each category

STAGE – POLES - LIGHTS

On the stage there will be 2 poles, one spin and one static.
It is not mandatory to use both poles.

You can choose spin or static pole, or both pin, both static. You have to inform organization wich pole is static or not at check in desk on competition day.

POLES FINISCHING: stainless steel Poles heigh: 4,50 meters Poles diameter: 45 mm Distance from poles: 290,00 cm

POLES BRAND: Apole <https://www.apole.it/>

APPLICATION FEES

All foreigners contestants must have a basic insurance for sports. All Italians contestants must own CSEN membership. If they don't have it they could ask it to organization for € 15,00

Single	€ 75,00
Double	€ 120,00
Group	€ 150,00

AWARD

Will be awarded best 1°,2°,3° for each categories.

Absolute Winner of Each Style Category (entertainment, floor work & low flow, unlimited) will receive : € 250,00 from organization

GENERAL REGULATION

Exotic Pole Dance Contest has born as a free performative competition, the division in category that has arrived in 2019 aims to help performers to direct their energies and above all to evaluate correctly the artists. During these years even the exotic pole dance world has experienced strong changes, we're not able to say if it needs to be codified or not, but surely we'd like to pursue to give a performative stage to the artists while not limiting the personal creativity. For this reason the general rule of the competition will remain the same: **No rules!!**

There will just be some criteria in dividing category in order to differentiate various styles, but for each category there won't be any code nor compulsory elements or specific difficulties. Performative art, dance and sensuality must be free to be brought on stage with yourself.

Kindly read carefully evaluation criteria to understand what judges will be asked to evaluate during the competition, while understanding this points will help you to create a well equipped performance. Chose accurately the category to apply for, in case of incorrect chosen there will be applied penalties.

DRESS CODE - COSTUME

It's allowed to wear any type of shoes with any kind of heels, but it isn't mandatory. It's allowed to wear any kind of clothes.

It's allowed to take off clothes, but it's forbidden full nudity.

It's allowed to wear leather or latex or similar clothes.

Specific Regulation - ENTERTAINMENT

Category Exotic Entertainment gathers all the performances with scenographic mood, theatrical, with or without props, choreographic objects and scenography.

Please keep in mind that while bringing a prop or an object on stage may have sense for the performance. Judges are allowed to decide to apply deduction for improper utilization or inutility of the objects/props on stage.

Evaluation criteria:

- Image (costume, make-up and hairstyle in coherence with the chosen music and theme)
 - Stage Presence (facial and body expressions coherent and with visual impact)
 - Technical Execution (fluidity and purity of movements, lines and feet)
 - Difficulty of Pole Dance Tricks General Choreography (coherently and well balanced construction of the choreography)
 - General Performance Originality (original choice of the theme or innovative development)
- Entertainment**



Specific Regulation – FLOOR WORK & LOW FLOW

Category Exotic Floor Work and Low Flow arises for whom wants to perform without the execution of any aerial tricks and combos but utilizing only the low part of the pole (low flow) and the plain space of the stage(floor work). The artist during the performance must not climb on the pole higher than 1 meter. No climbs are allowed, all the combos on the pole (both spin and static) must be executed under 1 meter height.

It is forbidden the usage of props and/or scenographic or choreographic objects.

Evaluation criteria:

- Image (costume, make-up and hairstyle in coherence with the chosen music and theme)
 - Stage Presence (facial and body expressions coherent and with visual impact)
 - Technical Execution (fluidity and purity of movements, lines and feet)
 - Difficulty of Pole Dance and Floor Work Tricks (it is forbidden to pass 1 meter height)
 - General Choreography (coherently and well balanced construction of the choreography)
 - General Performance Originality (original choice of the theme or innovative development)
- Floor Work & Low Flow**

Specific Regulation – UNLIMITED

Category Exotic Unlimited is designed for the acrobatic Exotic Pole Dance lovers in every its faceting. You can chose to perform Russian Style, Australian Style, Stripper style, you can mix all the styles or you can bring your own innovative style on stage.

It is necessary to execute pole tricks and combos exceeding the 70% of the pole height at least once.

It's allowed but not mandatory to carry acrobatic floor tricks.

Have fun bringing your now mood on the stage.

It is forbidden the usage of props and/or scenographic or choreographic objects.

Evaluation criteria:

- Image (costume, make-up and hairstyle in coherence with the chosen music and theme)
 - Stage Presence (facial and body expressions coherent and with visual impact)
 - Technical Execution (fluidity and purity of movements, lines and feet)
 - Difficulty of Pole Dance Tricks (it must exceed the 70% of the pole height at least once)
 - General Choreography(coherently and well balanced construction of the choreography)
 - General Performance Originality (original choice of the theme or innovative development)
- Exotic Unlimited**