



Sunday 1 October 2023

The ASD Alghero Marathon, with the patronage of the Municipal Administration, the Alghero Foundation, the C.O.N.I. - Sardinia Regional Committee and under the aegis and technical approval of the Sardinian FIDAL Regional Committee, is organising the 6th edition of the ALGHERO HALF MARATHON AND THE TEN MILES, a national-level road race over the distance of 21.097 km and 10 km, on a route certified by the FIDAL.

OFFICIAL REGULATION

REQUIREMENTS FOR PARTICIPATION IN COMPETITIVE COMPETITIONS

According to Art. 34 of the Rules for the Organisation of Events issued by FIDAL for the year 2023, all athletes belonging to one of the following categories may participate.

- Italian and foreign athletes registered for FIDAL affiliated clubs for the current year** and belonging to the following categories: female and male cadets (born from 2007, for the 10 km race only), juniors, promising and seniors (from SF-SM to SF95-SM95 and over). For all FIDAL registered athletes, registration must in any case be formalised by the President of the club they belong to via the site tessonline.fidal no later than the deadline of 21.00 on Wednesday 27 September 2023;
- Foreign athletes registered for Foreign Federations affiliated to World Athletics (WA)** born since 2005 (born since 2007 for the 10km race only) by presenting, if they are not registered by their own Federation or Club or Assistant, the appropriate self-declaration form for their registration. Non-EU athletes must present their residence permit or entry visa. Athletes belonging to foreign Federations that provide authorisation to compete abroad (rule 4 of the International Technical Regulations) must present the authorisation;
- Italian and foreign athletes**, limited to persons aged 20 years and over (one thousandth of age), in possession of a RUNCARD EPS and a valid **medical certificate for athletics**. This documentation must also be sent by e-mail to algherohalfmarathon@gmail.com and schirrupietro51@gmail.com.
N.B. The RUNCARD-EPS card is renewable. The expiry date of the RUNCARD-EPS is indicated on the RUNCARD-EPS card. If, when checking the card, it is found that the card has expired, the athlete may NOT participate. These athletes will be regularly included in the race classification, but will not be eligible for refunds, bonuses or access to the prize money.
- Italian RUNCARD holders (resident and non-resident in Italy) and foreigners resident in Italy, limited to persons aged 20 years and over** (thousandth of age), **not registered with a club affiliated with FIDAL nor with a foreign athletics club affiliated with World Athletics (WA)**, in possession of the nominative RUNCARD issued directly by FIDAL, which can be subscribed to online at www.runcard.com, combined with a medical certificate of agonistic fitness specific for athletics which must be shown to the organisers in the original and kept, in copy, on file by ASD Alghero Marathon (**certificate and card must be sent, for confirmation of registration to Fidal Sardegna, to the following addresses: algherohalfmarathon@gmail.com and schirrupietro51@gmail.com**).
N.B. The RUNCARD is renewable. The expiry date of the RUNCARD is indicated on the RUNCARD. If, when checking the card, it is found that the card has expired, the athlete may NOT participate. These athletes will be regularly included in the race classification, but will not be eligible for refunds, bonuses or access to the prize money.
- Foreign RUNCARD holders resident abroad.** Participation is open to foreign citizens resident abroad limited to persons born since 2003, **not registered with a FIDAL-affiliated club nor with a foreign athletics club affiliated to World Athletics (WA)** in possession of the registered RUNCARD issued directly by FIDAL, which can be subscribed to online at www.runcard.com.
N.B. The RUNCARD is renewable. The expiry date of the RUNCARD is indicated on the RUNCARD. If, when checking the card, it is found that the card has expired, the athlete may NOT participate.
Their participation is in any case subject to the presentation of a valid **medical certificate of fitness for athletics**, which must be presented in original to the organiser and a copy kept on file at the organising club.
These athletes may present a medical certificate issued in their own country, but complying with the diagnostic examinations (see below) required by Italian regulations in order to be able to perform competitive activities, or use the special 'health form' prepared by the organisation and downloadable from the site.



In accordance with current legal requirements (Ministerial Decree 18/02/82), those practising competitive sport must undergo prior and periodic sport-specific fitness checks.

Italian law requires that the persons concerned must undergo the following health checks:

- Medical Examination
- Complete urine examination
- Electrocardiogram at rest and after exercise
- Spirography

All declarations and examination reports must be authentic or conform to the originals.

These athletes will be regularly included in the race classification, but will not be eligible for refunds, bonuses or access to the prize money. The requirement of regular medical certification must be fulfilled on the date of the race.

- **For ALL Athletes, the requirement of regular medical certification must be met at the time of the registration deadline and be valid at least until the day of the competition**

6. **Participation for the purposes of tourism and sport for foreigners resident abroad who are not card-carrying members.** According to the provisions of Art. 26, paragraphs 4, 4.1 and 4.2 of the Rules for the Organisation of Events issued by FIDAL for the year 2023, foreign nationals resident abroad may participate for tourist-sporting purposes, limited to persons born after 1 January 2003. **These athletes will take part in a non-competitive event** that does not fall under the aegis of the FIDAL, although it will take place at the same time as the competitive race. These athletes will be identified with a different bib number and placed in an alphabetical order of arrival separate from the rankings of the competitive event and will not be eligible for prizes in kind, cash, value vouchers, bonuses, or reimbursement of expenses of any kind. To participate, these athletes must present a form signed and stamped by a doctor certifying their fitness to participate in a non-competitive running race on the basis of the health regulations in force in their country of nationality.

For anything not covered in the regulations, the rules laid down in the FIDAL regulations apply. ASD Alghero Marathon and the FIDAL Race Judges Group decline all responsibility for anything that may happen to athletes, persons or things, before, during or after the event.

ANTI-DOPING CONTROLS

Participants in Events may be subject to doping controls. They are also subject to the provisions of Article 25 of the FIDAL Rules, if they are already subject to disciplinary suspension.

MAY NOT PARTICIPATE

- Athletes who are members of other federations (e.g. Italian Triathlon Federation);
- Athletes who are members of clubs of Sports Promotion Bodies recognised by CONI, but not affiliated with FIDAL, who have not subscribed to the RUNCARD;
- Registered athletes in possession of RUNCARD Mountain & Trail.

WARNINGS ON MEDICAL CERTIFICATES

- Medical certificates must bear the wording 'competitive sporting fitness for the practice of ATHLETICS (Ministerial Decree 18/02/1982)'.
• Medical certificates issued for other sports or labelled 'running', 'running', 'marathon' or 'half marathon' are not valid for participation.

MAXIMUM TIME

The maximum time allowed is **2h30'**, after which the organisation will no longer be able to guarantee the safety of the route.

PROGRAMME OF THE SPORTS EVENT

8.00 a.m. / 8.45 a.m. Completion of registration and bib collection at the **Sulis Tower**, located in the square of the same name;
9.30 a.m. start of the races from **Scalo Tarantiello** (near the Port of Alghero);
12.00 noon deadline to complete the races;
1 p.m. prize-giving ceremony to be held at the **Sulis Tower**.



MEMBERSHIP FEES

Period	21 Km	10 km
Until 30/06	24 Euro*	19 Euro*
From 01/07 to 31/08	27 Euro*	22 Euro*
From 01/09 to 27/09	30 Euro*	25 Euro*
*Over and above registration fee		

PROMOTION FOR COMPANIES

For cumulative registrations by the president of the clubs, the following concessions will apply:

- **From 8 to 15 members: 10% discount on the period fee for each member; ***
- **From 16 to 25 members: 20% discount on the period fee for each member; ***
- **Over 26 members: 30% discount on the period fee for each member. ***

***Over and above registration fee**

In order to take advantage of the promotion, the ASD Alghero Marathon Secretariat will provide an excel-format file that must be filled in the required fields and sent to the following e-mail address: algherohalfmarathon@gmail.com

Please note: in order to benefit from the listed discounts, all registrations must be paid in a lump sum within the period of the relevant fees.

HOW TO REGISTER

Registration must be carried out exclusively online from the <https://www.algherohalfmarathon.it> website by accessing the dedicated section. **Payments are to be made exclusively according to the methods provided on the registration platform.**

The registration process must be completed by 9 p.m. on Wednesday, 27 September 2023:

- **F.I.D.A.L. registered athletes must confirm their registration through their club to the F.I.D.A.L. in on-line mode via the website <http://tessonline.fidal.it/>**
- **Athletes with RUNCARD and RUNCARD EPS, in order to complete their registration, must be in possession of the card valid for the 2023 season and the certificate of fitness for competitive sport valid for athletics, which they must enter in the appropriate fields on the registration platform. The original of the above-mentioned documents must be shown when collecting the bib. In addition, both the Runcard and the medical certificate must first be sent to Fidal Sardegna at the following e-mail address: algherohalfmarathon@gmail.com and schirrupietro51@gmail.com**

For ALL athletes, the requirement of regular medical certification must be in place at the time of the registration deadline and be valid at least until the day of the competition.

- On-site registrations will be permitted until 8.45 a.m. on Sunday 1 October 2023, with the federal surcharge applied.

SERVICES INCLUDED IN THE REGISTRATION FEE

- federal taxes;
- race pectoral;
- timing chips with *real time* detection;
- technical jersey, while stocks last, and any gadgets provided by sponsors;
- medal for *finishers*;
- insurance and medical assistance;
- refreshments along the route and at the finish line.

NO BAG/LUGGAGE STORAGE SERVICE IS PROVIDED



SECRETARIAT, BIB AND RACE PACKET DELIVERY

The bibs and race package will be handed out on Saturday 30 September 2023 (10 a.m. - 1.30 p.m. and 3 p.m. - 7 p.m.) and Sunday 1 October 2023 (8 a.m. - 8.45 a.m.) at the secretariat, which will be set up in the **Sulis Tower**, located in the square of the same name.

Race bibs and race packs may also be collected by third parties, on presentation of a proxy form signed by the delegating party and a valid identity document.

The race bib is strictly personal, may not be tampered with or reduced and is not transferable to anyone, under penalty of disqualification. The bib number incorporates the timing 'chip' (which must not be tampered with in any way) and must be applied with the appropriate pins.

In order to reduce congestion and waiting time, clubs may send a list of their members with the chosen sizes of technical jerseys to algherohalfmarathon@gmail.com before 27 September 2023, which will then be delivered to a single club delegate.

AWARDS

The organising company will deliver the prizes EXCLUSIVELY to those entitled to them, during the prize-giving ceremony to be held at the end of the event from 13:00 in **Piazza Sulis**, at the Tower.

The organising company reserves the right to announce, at the time of the prize-giving, any prizes that may become available at the last moment.

HALF MARATHON PRIZE MONEY

Men	
1st Place	Euro 300
2nd Place	Euro 200
3rd Place	Euro 150
4th Place	Euro 120
5th Place	Euro 80

Women	
1st place	Euro 300
2nd place	Euro 200
3rd place	Euro 150
4th place	Euro 120
5th place	Euro 80

As provided for in Article 38(4) of the "Rules and Regulations of Road Racing", 25% of the prize money is reserved for eligible Italian and equivalent Italian athletes according to the following table:

Men	
1st Place	Euro 80
2nd Place	Euro 65
3rd Place	Euro 50
4th Place	Euro 35
5th Place	Euro 20

Women	
1st place	Euro 80
2nd place	Euro 65
3rd place	Euro 50
4th place	Euro 35
5th place	Euro 20

These prizes are cumulative.

Prizes will also be awarded to the first three finishers (excluding those who have already received prize money) in the following F.I.D.A.L. categories, with prizes in kind:

SM, SM35, SM40, SM45, SM50, SM55, SM60, SM65, SM70, SM75, SM80 and above; SF, SF35, SF40, SF45, SF50, SF55, SF60, SF65, SF70, SF75, SF80 and above.



PRIZE MONEY 10.00 KM

Men	
1st Place	Euro 200
2nd Place	Euro 150
3rd Place	Euro 100

Women	
1st place	Euro 200
2nd place	Euro 150
3rd place	Euro 100

As provided for in Article 38(4) of the "Rules and Regulations of Road Racing", 25% of the prize money is reserved for eligible Italian and equivalent Italian athletes according to the following table:

Men	
1st Place	Euro 75
2nd Place	Euro 50
3rd Place	Euro 40

Women	
1st place	Euro 75
2nd place	Euro 50
3rd place	Euro 40

These prizes are cumulative.

Prizes will also be awarded to the first three finishers (excluding those who have already received prize money) in the following F.I.D.A.L. categories with prizes in kind:

JM/PM, SM, SM35, SM40, SM45, SM50, SM55, SM60, SM65, SM70, SM75, SM80 and above;
JF/PF, SF, SF35, SF40, SF45, SF50, SF55, SF60, SF65, SF70, SF75, SF80 and above.

N.B.: → Athletes with FIDAL, Standard or EPS RUNCARD membership are not eligible for prize money, refunds or bonuses of any kind. Foreign athletes participating solely for tourist-sports purposes are also excluded from prizes, refunds or bonuses of any kind.

Clubs: a prize will be awarded to the club with the most athletes at the finish line.

TIMEKEEPING

The measurement of times and the processing of the rankings (which will be validated by the Technical Delegate or Appeal Judge) will be carried out by **EvoData** by means of a system based on an active transponder ('chip') which will be handed in when the bib is collected. It is forbidden to tamper with the chip. Athletes who in any way detach and/or damage the chip will not be timed and will not appear in the rankings. The chip must be returned to the at the end of the race. Those who, for whatever reason, despite having duly withdrawn their registration, decide not to start or withdraw during the race, must return the chip to the organisation within 10 days of the end of the event (no later than 10 October 2023)

If the chip is not returned by the deadline, the athlete will be charged €20.

For each athlete, the *real time* (from the moment they cross the start line to the finish line) and one or more intermediate passes will be recorded.

ROUTE AND REFRESHMENTS

As per F.I.D.A.L. regulations, refreshments will be provided at least at 4 points along the route, every 5 km, for the half marathon and at least at 2 points for the 10 km with water in closed bottles.

The route, which is completely asphalted and mostly flat, will be entirely closed to traffic, the only vehicles allowed being those authorised by the F.I.D.A.L., manned and well signposted with signs indicating the kilometres covered.



Route 21 km:

Scalo Tarantiello (PARTENZA), Via Garibaldi, Lungomare Barcellona, Via Lido, Viale I maggio, Rotonda "camping Laguna Blu", S.S. 127 bis (giro di boa in prossimità dello slargo presente all'ingresso del camping Laguna Blu), S.S. 127 bis, Viale I maggio, Via Lido, rotonda intersezione con Via Don Minzoni (giro di boa), Via Lido, Viale I maggio, Rotonda "camping Laguna Blu", S.S. 127 bis, Via dell'Istria, Piazza Venezia Giulia, Via Orsera, Via Zara, Via Parenzo, Via Spalato, Via Paolini, Via Di Pietro, Via Dalmatia, Rovinj seaside promenade, S. 127 bis, Viale I maggio, Via Lido, Lungomare Barcellona, Via Garibaldi, **Scalo Tarantiello (ARRIVAL)**

10 km route:

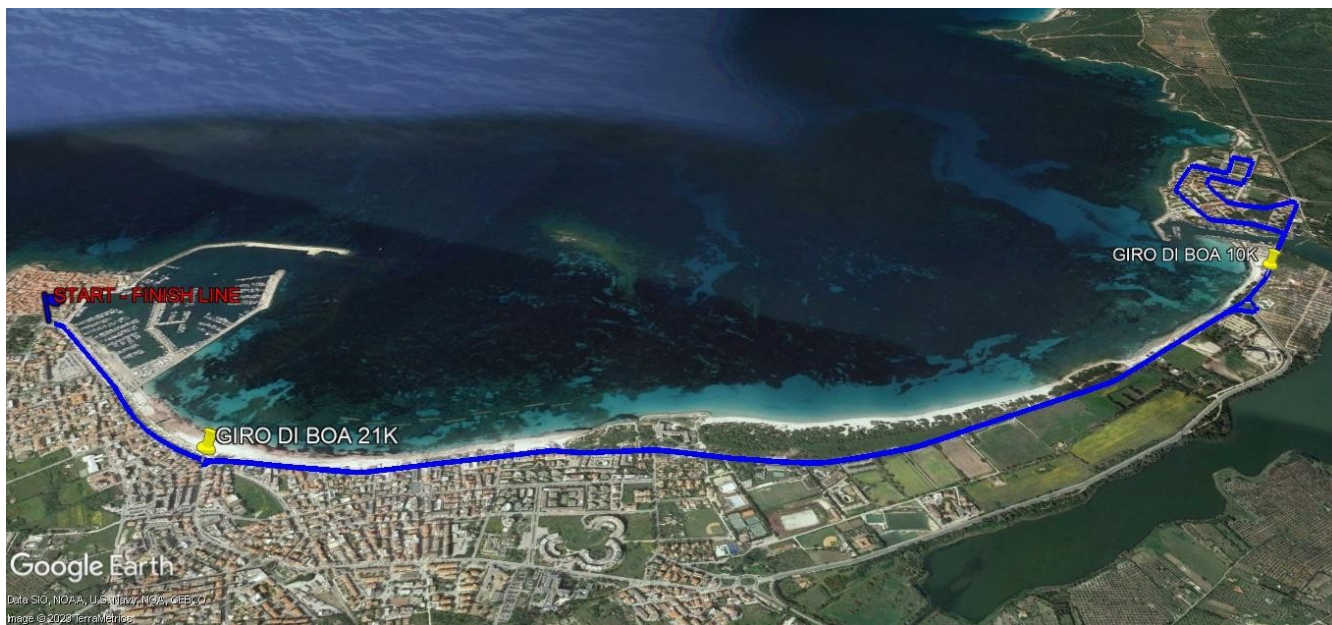
Scalo Tarantiello (DEPARTURE), Via Garibaldi, Lungomare Barcellona, Via Lido, Viale I maggio, "camping Laguna Blu" roundabout, S.S. 127 bis (turnaround near the Laguna Blu campsite entrance), S.S. 127 bis, Viale I maggio, Via Lido, Lungomare Barcellona, Via Garibaldi, **Scalo Tarantiello (ARRIVAL)**

ROUTE DESCRIPTION

Compared to previous editions, there will be important novelties regarding the course: the new location of the start and finish of the races has been placed at the foot of the Scalo Tarantiello climb, thus allowing for a totally flat, flowing course and therefore suitable for achieving one's Personal Best.

GENERAL LAYOUT OF THE ROUTE

Half Marathon:





The Ten Thousand:



LOCATION OF DEPARTURE/ARRIVAL



Once started, they will drive along the coast road that leads from Alghero to the village of Fertilia, characterised by a unique panorama with the constant presence of the sea view, which gives relief and strength to the athletes in the race.



ALGERO HALF MARATHON

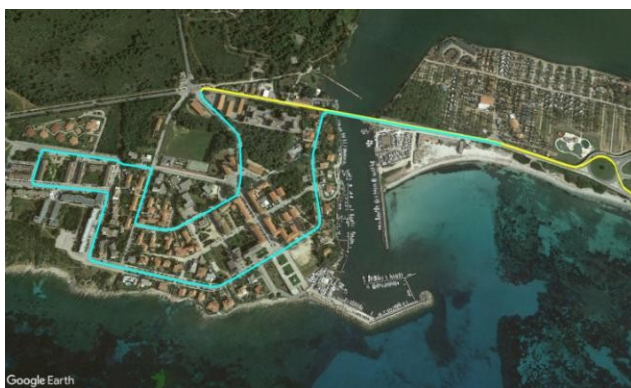
I DIECIMILA



At the 5.027 km mark, at the 'Laguna Blu' campsite entrance, the turning point will be set for both the athletes competing in the half marathon and the 10 km.



The latter will follow the same route as the outward journey until they cross the finish line (Scalo Tarantiello), while the half-marathon athletes will make a turnaround at the roundabout at the intersection of Via Lido and Via Don Minzoni, to return in the direction of Fertilia.



They will then retrace the entire coastal road and enter Fertilia after travelling along a section of the SS127bis and entering Via dell'Istria. They will pass through Piazza Venezia Giulia in front of the Church of San Marco and then continue inside the town for about 2 km, following in sequence: Via Orsera, Via Zara, Via Parenzo, Via Spalato, Via Paolini, Via Di Pietro, Via Dalmazia, Lungomare Rovigno, which again leads onto the stretch of the SS127bis that will take them back onto the coast road towards Alghero.

RESULTS AND RANKINGS

The rankings with partial and final times will be available on the sites:

- <https://sardegna.fidal.it/> <https://algherohalfmarathon.it/> <https://tds.sport/it>

WELCOME

On the website <https://algherohalfmarathon.it/> and on our social channels, we will provide details of the event, directions on how to get there, parking areas and a complete list of affiliated establishments for overnight stays and meals in the vicinity of the race course.



TRANSFER OF MEMBERSHIP

Athletes already regularly registered, but unable to participate in the race, have the opportunity to transfer their registration to another athlete who **meets the participation requirements of these Regulations**. The change of name and/or race must be requested to the secretariat (algherohalfmarathon@gmail.com) by Wednesday 27 September 2023, paying a supplementary fee of € 10.00 for secretarial rights, by bank transfer made out to ASD Alghero Marathon - IBAN: IT83 N033 5967 6845 1070 0314 618

It is also possible to change races, as follows: from the 10 km to the half-marathon, there will be a surcharge per type of entry fee in force on the date of the change; from the half-marathon to the 10 km, on the other hand, there will be no refund of the difference in fees paid.

REIMBURSEMENT OF PARTICIPATION FEES

There is no refund of participation fees under any circumstances for reasons attributable to the individual member.

NON-PERFORMANCE

In the event that the race is cancelled, or in any case, not held due to force majeure and/or reasons not attributable and/or not attributable to the will of the Organisation, including the revocation of the authorisation to hold the race by the competent public bodies, the participant shall have no claim against the Organising Committee and/or ASD Alghero Marathon, neither for the return of the registration fee, nor by way of reimbursement of any expenses incurred or to be incurred. Submission of the application form shall constitute acceptance of this clause and express waiver of any claim resulting from the cancellation of the race.

COMPLAINTS

Any complaints must be lodged within 30' of the display of the classifications in the first instance verbally to the Finish Judge and in the second instance in writing to the Appeal Judge, accompanied by the fee of 100.00 euro, which will be refunded if the complaint is upheld.

The Group of Race Judges may disqualify athletes who do not pass at the measuring points located along the route, those who are personally followed in the race by cyclists or anyone who is not regularly in the race.

Given the type of categories of athletes allowed and the presence of performance-related prizes, there are no exceptions or amendments to Rule 100 of the RTI.

DECLARATION OF LIABILITY

The participant, by signing the registration form, aware that false declarations, falsity in deeds and the use of false deeds are punishable by the penalties provided for in the matter, after having carefully read the regulations of the event and being fully aware of the difficulties of the route, also aware of the risks to personal safety involved, declares

- to know and accept the regulations of the Alghero Half Marathon and/or the Diecimila di Alghero;
- to be in possession of a suitable medical certificate, valid until 1 October 2023 to take part in the race, in accordance with Ministerial Decree 18.2.1982 and Ministerial Decree 28.2.1983, and to be informed of any medical contraindications concerning him/her and, consequently, to release the organising committee from any kind of responsibility for medical problems that may occur during the race;
- to exonerate the organising committee, the race director and the course manager from any liability, both civil and criminal, and to assume full and exclusive responsibility for damage caused to third parties or to property belonging to third parties or caused to him, including personal injury and/or death;
- to be aware of the length of the test, which takes place on urban and extra-urban roads, in possible difficult and/or changing weather conditions (heat, cold, storms), and that adequate athletic preparation is required;
- to grant their authorisation to the Organising Committee to use photographs, tapes, videos and anything related to their participation in the event for any legitimate use, without remuneration.

Information art. 13 EU Regulation 2016/679 - Personal data, the provision of which is compulsory for registration to the Alghero Half Marathon and/or the Diecimila di Alghero will be processed by the Organising Committee's Representatives, in accordance with the regulations in force on the protection of personal data.



confidentiality of personal data, for the realisation of the sporting event in question and for the sending of information or advertising material by the Organising Committee or its partners. The data may be communicated to third parties for the fulfilment of obligations relating to the event or for the purposes indicated above. At any time you may exercise your rights under Articles 15 et seq. of EU Regulation 2016/679 (delete, rectify, etc.) towards the data controller: A.S.D. Alghero Marathon.

Consent: The athlete consents to the use of his or her personal data as stated above for the purposes and in the manner stated above.

IMAGE RIGHT

By registering for the Alghero Half Marathon and/or the Diecimila di Alghero, the athlete authorises the organisers to acquire, free of charge, the right to use the still or moving images of him/her during the race, for the maximum time allowed by the laws in force.

FINAL WARNINGS

The Organising Committee reserves the right to amend, at any time, any clause of these regulations for reasons it deems appropriate for the better organisation of the race. Any changes to services, venues and times will be promptly communicated to athletes via the website <https://algherohalfmarathon.it/e> <http://sardegna.FIDAL.it>

For all matters not covered by these regulations, the technical statutory regulations of the F.I.D.A.L. and the GGG apply.

Organisation: ASD Alghero Marathon - e-mail: algherohalfmarathon@gmail.com

Contact:

347-679 1880 (**Giuseppe Baffo**, President ASD Alghero Marathon)

340-717 4805 (**Salvatore Casu**, Director ASD Alghero Marathon)

340-777 3514 (**Daniela Perinu**, ASD Alghero Marathon Vice President)

329-792 2995 (**Angelo Tiloca**, Director ASD Alghero Marathon)

347-051 4763 (**Daniela Zedda**, ASD Alghero Marathon Director)

340-473 3140 (**Raffaele Piras**, Director ASD Alghero Marathon)

347-637 6236 (**Renato Cattogno**, Director ASD Alghero Marathon)

370-126 6487 (**Lorenzo Caria**, Director ASD Alghero Marathon)



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