



CAGLIARI URBAN TRAIL 2026 - Regulations

Cagliari – Saturday, September 12, 2026 – from 9:00 PM

ARTICLE 1 – Organization

The competitive race (Race) and the non-competitive night walk (Walk), called “Cagliari Urban Trail”, now in its 12th edition, are organized by GLEsport A.S.D. in the city of Cagliari under the auspices of UISP Territorial Committee of Cagliari APS and with the patronage of the Municipality of Cagliari.

ARTICLE 2 – Event Schedule

The event will take place on Saturday, September 12, 2026. Gathering at 9:00 PM in Piazza Garibaldi. Race start at 9:30 PM from Piazza Garibaldi; Walk start immediately afterwards. Finish for both events is in Piazza Garibaldi. Time limit: 2 hours.

ARTICLE 3 – Rankings

Race results will be published according to finishing order and official timing. Separate rankings by overall position, gender and category. No ranking is provided for the Walk.

ARTICLE 4 – Courses

Race: approximately 10 km.

Walk Long: approximately 6.5 km.

Walk Short: approximately 3.5 km.

Courses are loop routes through historic and scenic areas of Cagliari, including roads, sidewalks, gardens, stairs and short off-road sections.

ARTICLE 5 – Participation

Race:

Open to men and women aged 18 or older, properly registered with UISP or FIDAL and holding a valid competitive athletics medical certificate.

Walk:

A non-competitive promotional event open to everyone aged 6 and above in good health. Participants aged under 18 must be accompanied by an adult. Running is not permitted during the Walk.

ARTICLE 6 – Insurance

The organization provides basic liability and accident insurance coverage. Individual insurance is recommended.

ARTICLE 7 – Participant Requirements

A headlamp or flashlight is mandatory for both Race and Walk participants.

Race participants must wear:

- Event T-shirt
- Race bib and timing chip
- Headlamp

Walk participants must wear:

- Event T-shirt
- Identification bib
- Flashlight

ARTICLE 8 – Checkpoints

Race participants must pass through all checkpoints. Course cutting results in disqualification.

ARTICLE 9 – Changes

The organization reserves the right to modify routes and schedules.

ARTICLE 10 – Image Rights

Participants authorize the publication of photographs and videos taken during the event.

ARTICLE 11 – Briefing

A briefing will be held approximately 10 minutes before the start.



CAGLIARI URBAN TRAIL 2026 - Regulations

Cagliari – Saturday, September 12, 2026 – from 9:00 PM

ARTICLE 12 – Route Marking

Participants must remain on the marked route.

ARTICLE 13 – Right of Way

Participants must obey traffic regulations and give priority to vehicles and pedestrians.

ARTICLE 14 – Disqualification

Reasons include course cutting, unauthorized assistance, littering, unsportsmanlike conduct, failure to follow instructions, or using another participant's bib/chip.

ARTICLE 15 – Acceptance of Rules

Registration implies full acceptance of the regulations.

ARTICLE 16 – Organizing Committee

President: Gian Domenico Nieddu.

ARTICLE 17 – Refreshments

A water station is provided at approximately kilometer 6 of the Race.

ARTICLE 18 – Medical Assistance

Medical support is available at the start, finish and along the route. The medical staff may withdraw participants for safety reasons.

ARTICLE 19 – Awards

Top 5 male and female overall finishers will be awarded. Age-group winners will also be recognized.

ARTICLE 20 – Registration Fees

RACE

€18 until July 31
€20 until August 23
€22 until September 6
€28 on September 12 (subject to availability)

WALK

€12 until July 31
€14 until August 23
€16 until September 6
€18 on September 12 (subject to availability)

Registration includes:

- Event T-shirt
- Event bib
- Timing chip (Race only)
- Headlamp (Race only)
- Flashlight (Walk only)
- Despar gift bag
- Fluorescent wristband
- Assistance and refreshments

ARTICLE 21 – Refund Policy

Registration fees are non-refundable, including in case of force majeure cancellation.

ARTICLE 22 – Date Changes

The event date may be modified for organizational or logistical reasons.