

**5K**

Pos	Dor	Nombre	Categoría	P.Cat	Club	T. Oficial / T. Real	Ritmo
1	96	RUBEN ANGEL FERNANDEZ	GEN MAS	1	ATLETICO ARROYOMOLINOS	00:16:18 / 00:16:18	3:15 min/km
2	16	DAVID MONTES SANTAMARIA	GEN MAS	2	RUNNING ONDAFISIO 2.0	00:19:09 / 00:19:07	3:49 min/km
3	60	JAVIER RICO ORTEGA	GEN MAS	3	INDEPENDIENTE	00:19:51 / 00:19:43	3:58 min/km
4	57	JORGE ANDRES GARCIA	GEN MAS	4	TRIMAD	00:20:12 / 00:20:09	4:02 min/km
5	86	REBECA MONTES SANTAMARÍA	GEN FEM	1	INDEPENDIENTE	00:20:35 / 00:20:33	4:06 min/km
6	27	ADRIÁN PÉREZ CANO	GEN MAS	5	RUNNING ONDAFISIO 2.0	00:20:35 / 00:20:33	4:06 min/km
7	43	JESUS MONTOYA MUÑOZ	GEN MAS	6	RUNMARTINEZ	00:20:39 / 00:20:37	4:07 min/km
8	13	CARLOS PACHECO AGUDO	GEN MAS	7	INDEPENDIENTE	00:20:51 / 00:20:47	4:10 min/km
9	83	CLAUDIA CENTURION	GEN FEM	2	SS.REYES-C.MENORCA	00:20:52 / 00:20:50	4:10 min/km
10	98	NURIA GOMEZ VENDREL	GEN FEM	3	CONFINES	00:21:27 / 00:21:23	4:17 min/km
11	73	JAVIER GARCIA IGLESIAS	GEN MAS	8	INDEPENDIENTE	00:21:46 / 00:21:44	4:21 min/km
12	11	JESUS DE LA VARGA RECAS	GEN MAS	9	INDEPENDIENTE	00:22:59 / 00:22:53	4:35 min/km
13	48	JOSE FERNANDO GONZALEZ SANC	GEN MAS	10	INDEPENDIENTE	00:23:14 / 00:23:01	4:38 min/km
14	58	PABLO MURILLO DONAT	GEN MAS	11	CONFINES	00:23:22 / 00:23:12	4:40 min/km
15	56	IVAN ARANDA LUENGO	GEN MAS	12	INDEPENDIENTE	00:23:39 / 00:23:33	4:43 min/km
16	53	RUBEN ROVIRA MARTINEZ	GEN MAS	13	INDEPENDIENTE	00:23:53 / 00:23:38	4:46 min/km
17	136	ISABEL GÓMEZ RIVAS	GEN FEM	4	INACUA	00:24:33 / 00:24:25	4:54 min/km
18	23	PATRICIA ORGAZ CAMPO	GEN FEM	5	INDEPENDIENTE	00:24:40 / 00:24:34	4:55 min/km
19	367	LUIS RUEDA DEL VAL	GEN MAS	14	INDEPENDIENTE	00:24:43 / 00:24:40	4:56 min/km
20	363	IRENE RUEDA BALLESTEROS	GEN FEM	6	INDEPENDIENTE	00:24:43 / 00:24:40	4:56 min/km
21	94	JAVIER ENCINAS DIA	GEN MAS	15	INDEPENDIENTE	00:24:44 / 00:24:26	4:56 min/km
22	90	LUIS GONZÁLEZ MOREIRO	GEN MAS	16	INDEPENDIENTE	00:25:08 / 00:24:49	5:01 min/km
23	28	RAUL PRUDENCIO SANCHEZ	GEN MAS	17	INDEPENDIENTE	00:26:02 / 00:25:57	5:12 min/km
24	371	RICARDO ALVAREZ LOPEZ	GEN MAS	18	INDEPENDIENTE	00:26:04 / 00:26:01	5:12 min/km
25	22	SAMUEL GARCÍA MARTÍNEZ	GEN MAS	19	INDEPENDIENTE	00:26:17 / 00:26:08	5:15 min/km
26	17	VICTOR ARANDA LUENGO	GEN MAS	20	INDEPENDIENTE	00:26:23 / 00:26:16	5:16 min/km
27	266	FRANCISCO JAVIER ARROYO MARTI	GEN MAS	21	INDEPENDIENTE	00:26:52 / 00:26:38	5:22 min/km
28	255	JUAN CARLOS OLMO GARCIA	GEN MAS	22	INDEPENDIENTE	00:26:55 / 00:26:35	5:22 min/km
29	97	LAURA DAVILA ALCALA	GEN FEM	7	INDEPENDIENTE	00:27:13 / 00:27:05	5:26 min/km
30	31	TEODOR STAICULESCU	GEN MAS	23	A.D.A. CHOCERO	00:27:25 / 00:27:15	5:28 min/km
31	32	NICULINA VASILE	GEN FEM	8	A.D.A. CHOCERO	00:27:25 / 00:27:25	5:28 min/km
32	400	JESUS BLAZQUEZ GARCIA	GEN MAS	24	INDEPENDIENTE	00:27:31 / 00:27:22	5:30 min/km
33	270	RAFAEL POLLATO MUÑOZ	GEN MAS	25	INDEPENDIENTE	00:27:35 / 00:27:21	5:30 min/km
34	34	ISABELLE PÉREZ CORRAL	GEN FEM	9	INDEPENDIENTE	00:27:37 / 00:27:31	5:31 min/km
35	30	JAVIER LÓPEZ-AMOR GÁLVEZ	GEN MAS	26	INDEPENDIENTE	00:27:37 / 00:27:31	5:31 min/km
36	78	ANTONIO DIAZ-HELLIN BENITO	GEN MAS	27	INDEPENDIENTE	00:28:13 / 00:27:50	5:38 min/km
37	80	CRISTIAN FELIPE ALVAREZ	GEN MAS	28	INDEPENDIENTE	00:28:13 / 00:27:49	5:38 min/km
38	205	LUIS FELIPE GORRON CARRASCO	GEN MAS	29	C.F.P. JUAN XXIII	00:28:26 / 00:28:10	5:41 min/km
39	40	MARIA GARRIDO DEL RIO	GEN FEM	10	RUNNINGDC	00:28:32 / 00:28:22	5:42 min/km
40	82	NURIA SOTO MERINO	GEN FEM	11	C.F.P. JUAN XXIII	00:28:38 / 00:28:22	5:43 min/km
41	81	JUANMA GUERRERO PARRA	GEN MAS	30	C.F.P. JUAN XXIII	00:28:44 / 00:28:27	5:44 min/km
42	91	MARIBEL FERNANDEZ JUAREZ	GEN FEM	12	INDEPENDIENTE	00:28:54 / 00:28:42	5:46 min/km
43	92	ALMUDENA ENCABO	GEN FEM	13	T-ENTRENO.COM	00:28:58 / 00:28:42	5:47 min/km
44	158	JAVIER BARRAGÁN VIZCAÍNO	GEN MAS	31	INDEPENDIENTE	00:28:59 / 00:28:36	5:47 min/km
45	95	LUZ CUIGURCANDOR NUÑEZ	GEN FEM	14	ATLETICO ALCORCON	00:29:00 / 00:28:54	5:47 min/km
46	267	ENRIQUE BURGOS BORREGAN	GEN MAS	32	INDEPENDIENTE	00:29:25 / 00:29:01	5:52 min/km

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47	55	SARA SANCHEZ PORRAS	GEN FEM	15	INDEPENDIENTE	00:29:59 / 00:29:48	5:59 min/km
48	89	LOLA DEL MORAL LACÁRCEL	GEN FEM	16	INDEPENDIENTE	00:30:07 / 00:29:51	6:01 min/km
49	88	FERNANDO CARRASCO ABAD	GEN MAS	33	INDEPENDIENTE	00:30:08 / 00:29:45	6:01 min/km
50	79	OSCAR GOMEZ MAROTO	GEN MAS	34	INDEPENDIENTE	00:30:13 / 00:29:49	6:02 min/km
51	20	IRENE RUIZ OLIVA	GEN FEM	17	INDEPENDIENTE	00:30:13 / 00:30:05	6:02 min/km
52	355	RAQUEL VAQUERO MENDEZ	GEN FEM	18	INDEPENDIENTE	00:30:14 / 00:30:09	6:02 min/km
53	84	TRINIDAD CARPIO ANDRÉS	GEN FEM	19	INDEPENDIENTE	00:30:29 / 00:30:26	6:05 min/km
54	69	ANA BELEN ROMERO RAYO	GEN FEM	20	INDEPENDIENTE	00:30:34 / 00:30:30	6:06 min/km
55	64	PALOMA LOPEZ DIAZ	GEN FEM	21	INDEPENDIENTE	00:30:35 / 00:30:31	6:06 min/km
56	85	IRENE CASATORRES	GEN FEM	22	ASOCIACIÓN PARKINSON MAC	00:31:11 / 00:30:36	6:14 min/km
57	253	IÑAKI NOBLEJAS RODRIGUEZ	GEN MAS	35	INDEPENDIENTE	00:31:12 / 00:30:57	6:14 min/km
58	263	JESUS PALACIOS RUIZ	GEN MAS	36	INDEPENDIENTE	00:31:13 / 00:30:38	6:14 min/km
59	10	ZOYA DIKOVA TODOROVA	GEN FEM	23	INDEPENDIENTE	00:31:13 / 00:30:36	6:14 min/km
60	59	MIREILLA SANZ MARTÍN	GEN FEM	24	INDEPENDIENTE	00:32:29 / 00:32:18	6:29 min/km
61	42	JOSE RICARDO VALVERDE ZARCO	GEN MAS	37	INDEPENDIENTE	00:32:40 / 00:32:25	6:31 min/km
62	41	CARMEN LEAL ROMERO	GEN FEM	25	INDEPENDIENTE	00:32:41 / 00:32:26	6:32 min/km
63	44	MARÍA JESÚS VALVERDE ZARCO	GEN FEM	26	INDEPENDIENTE	00:32:41 / 00:32:25	6:32 min/km
64	75	JOSE ANGEL SANTOS SEBASTIAN	GEN MAS	38	INDEPENDIENTE	00:33:56 / 00:33:36	6:47 min/km
65	70	BELEN EXTREMO GARCIA	GEN FEM	27	INDEPENDIENTE	00:33:57 / 00:33:38	6:47 min/km
66	356	MARIA TERESA MALLO VELASCO	GEN FEM	28	INDEPENDIENTE	00:34:02 / 00:33:45	6:48 min/km
67	372	ARTURO ALVARO BALLESTERO HEF	GEN MAS	39	INDEPENDIENTE	00:34:02 / 00:33:44	6:48 min/km
68	51	MONTES ALONSO ANA BELEN	GEN FEM	29	INDEPENDIENTE	00:34:10 / 00:33:38	6:49 min/km
69	35	MIRIAM DÍEZ DÍAZ	GEN FEM	30	INDEPENDIENTE	00:34:21 / 00:34:07	6:52 min/km
70	369	MANUEL ALVARO MAESO	GEN MAS	40	INDEPENDIENTE	00:34:23 / 00:34:11	6:52 min/km
71	199	JULIO FIDALGO GONZALEZ	GEN MAS	41	INDEPENDIENTE	00:34:28 / 00:34:15	6:53 min/km
72	65	RAQUEL ENCINAR MUÑOZ	GEN FEM	31	INDEPENDIENTE	00:34:32 / 00:34:03	6:54 min/km
73	76	JUAN ALVAREZ SANCHEZ	GEN MAS	42	INDEPENDIENTE	00:35:01 / 00:34:37	7:00 min/km
74	66	ALFONSA ALVAREZ SANCHEZ	GEN FEM	32	INDEPENDIENTE	00:35:01 / 00:34:38	7:00 min/km
75	358	RAQUEL CARRO GARCIA	GEN FEM	33	INDEPENDIENTE	00:35:18 / 00:34:59	7:03 min/km
76	26	SALOMÉ RODRÍGUEZ CALZADA	GEN FEM	34	INDEPENDIENTE	00:35:20 / 00:34:50	7:03 min/km
77	61	IGNACIO PARRILLA MUÑOZ	GEN MAS	43	INDEPENDIENTE	00:35:32 / 00:35:18	7:06 min/km
78	151	ANA GARCÍA ESTEBAN	GEN FEM	35	INDEPENDIENTE	00:36:07 / 00:35:57	7:13 min/km
79	77	ROSARIO LOPEZ GOMEZ	GEN FEM	36	INDEPENDIENTE	00:36:29 / 00:35:59	7:17 min/km
80	87	FORTUNATA BERROCAL RODRIGUE	GEN FEM	37	INDEPENDIENTE	00:36:38 / 00:36:12	7:19 min/km
81	374	JORGE NIETO HERNANDEZ	GEN MAS	44	INDEPENDIENTE	00:36:52 / 00:36:52	7:22 min/km
82	19	MARIO RODRIGUEZ MARTIN	GEN MAS	45	INDEPENDIENTE	00:37:07 / 00:36:58	7:25 min/km
83	21	ANGEL RODRÍGUEZ SALGADO	GEN MAS	46	INDEPENDIENTE	00:37:13 / 00:37:05	7:26 min/km
84	351	Mª JESUS NAVARRO ALVARO	GEN FEM	38	INDEPENDIENTE	00:37:14 / 00:37:01	7:26 min/km
85	163	RAFAEL ROCHER PASTOR	GEN MAS	47	INDEPENDIENTE	00:37:50 / 00:37:50	7:33 min/km
86	375	FORTUNATA OLMO GARCIA	GEN FEM	39	INDEPENDIENTE	00:37:52 / 00:37:33	7:34 min/km
87	362	SHEILA DE PAULA MUÑOZ	GEN FEM	40	INDEPENDIENTE	00:37:56 / 00:37:45	7:35 min/km
88	47	CRISTINA IACOB PASCAL	GEN FEM	41	INDEPENDIENTE	00:37:56 / 00:37:54	7:35 min/km
89	24	ADRIAN CARRION SANCHEZ	GEN MAS	48	INDEPENDIENTE	00:39:16 / 00:39:07	7:51 min/km
90	46	ANGEL VALVERDE ZARCO	GEN MAS	49	A.C. MANCHATHON	00:40:18 / 00:40:18	8:03 min/km
91	45	MARÍA JOSÉ LÓPEZ LARA	GEN FEM	42	INDEPENDIENTE	00:40:18 / 00:40:03	8:03 min/km
92	366	MIGUEL SANZ GARCIA	GEN MAS	50	INDEPENDIENTE	00:43:17 / 00:42:41	8:39 min/km

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93	260	TOMAS BURGOS MOLERO	GEN MAS	51	INDEPENDIENTE	00:43:22 / 00:42:57	8:40 min/km
94	54	JUANITA ADAMES PÁRAMO	GEN FEM	43	INDEPENDIENTE	00:43:24 / 00:43:06	8:40 min/km
95	100	ALEJANDRO CARRION HERNANDEZ	GEN MAS	52	INDEPENDIENTE	00:43:36 / 00:43:27	8:43 min/km
96	15	GEMMA LUCAS GONZÁLEZ	GEN FEM	44	INDEPENDIENTE	00:44:28 / 00:44:07	8:53 min/km
97	370	CARLOS GUTIERREZ SANZ	GEN MAS	53	INDEPENDIENTE	00:45:56 / 00:45:30	9:11 min/km
98	353	NIEVES MIGUEL CUESTA	GEN FEM	45	INDEPENDIENTE	00:47:10 / 00:46:57	9:25 min/km
99	265	MARIANO ALONSO GONZALEZ	GEN MAS	54	INACUA	00:49:50 / 00:49:50	9:57 min/km
100	258	DILMITH MORI TRIGOZO	GEN FEM	46	INDEPENDIENTE	00:51:27 / 00:51:23	10:17 min/km
101	360	ANA SAINZ LEIRADO	GEN FEM	47	INDEPENDIENTE	00:52:22 / 00:51:53	10:28 min/km
102	62	PILAR MUÑOZ RODRIGUEZ	GEN FEM	48	INDEPENDIENTE	00:53:34 / 00:53:23	10:42 min/km
103	357	ISABEL SERRANO VIOQUE	GEN FEM	49	INDEPENDIENTE	00:54:00 / 00:53:32	10:47 min/km
104	361	RAQUEL MUÑOZ CORREAL	GEN FEM	50	INDEPENDIENTE	00:55:41 / 00:55:24	11:08 min/km
105	352	ROSARIO MUÑOZ CORREAL	GEN FEM	51	INDEPENDIENTE	00:55:43 / 00:55:26	11:08 min/km
106	252	CRISTINA QUISHPE CHILLAGANO	GEN FEM	52	INDEPENDIENTE	01:00:35 / 01:00:03	12:06 min/km
107	49	JONATHAN GUANIN QUISHPE	GEN MAS	55	INDEPENDIENTE	01:00:36 / 01:00:02	12:07 min/km
108	261	FRANCISCO DEL REY NAVARRO	GEN MAS	56	INDEPENDIENTE	01:00:55 / 01:00:22	12:10 min/km
109	359	GEMA DEL PEZ PARRA	GEN FEM	53	INDEPENDIENTE	01:00:56 / 01:00:22	12:11 min/km
110	29	GEMA GARCIA	GEN FEM	54	INDEPENDIENTE	01:00:56 / 01:00:23	12:11 min/km
111	379	JESUS ANDRADA CRISTOBAL	GEN MAS	57	INDEPENDIENTE	01:01:11 / 01:00:46	12:14 min/km
112	257	VILLABALDO DE PAULA RUIZ	GEN MAS	58	INDEPENDIENTE	01:01:53 / 01:01:42	12:22 min/km
113	364	IRENE CORCOBADO RODRIGUEZ	GEN FEM	55	INDEPENDIENTE	01:02:02 / 01:01:33	12:24 min/km
114	368	JESUS CORCOBADO DELGADO	GEN MAS	59	INDEPENDIENTE	01:02:03 / 01:01:32	12:24 min/km
115	14	LYDIA LATORRE LUCAS	GEN FEM	56	INDEPENDIENTE	01:02:12 / 01:01:53	12:26 min/km
116	12	MARÍA ARACELI SANCHEZ LUNA	GEN FEM	57	INDEPENDIENTE	01:02:12 / 01:01:53	12:26 min/km
117	354	Mª LUISA ASENJO	GEN FEM	58	INDEPENDIENTE	01:02:14 / 01:01:43	12:26 min/km
118	250	ISABEL GONZALEZ RIESCO	GEN FEM	59	INDEPENDIENTE	01:03:11 / 01:02:50	12:38 min/km
119	33	ISABEL LUCAS GONZALEZ	GEN FEM	60	INDEPENDIENTE	01:03:12 / 01:02:51	12:38 min/km
120	93	MARIAN VILLAR CASTELO	GEN FEM	61	INDEPENDIENTE	01:03:14 / 01:02:50	12:38 min/km
121	378	ROSA MARIA ORIEGO BARRERA	GEN FEM	62	INDEPENDIENTE	01:03:18 / 01:02:55	12:39 min/km
122	52	DANIEL PEREZ AGUIAR	GEN MAS	60	INDEPENDIENTE	01:14:42 / 01:14:09	14:56 min/km
123	376	JOSE MIGUEL DE PAULA MUÑOZ	GEN MAS	61	INDEPENDIENTE	01:20:23 / 01:20:11	16:04 min/km